

# WORDS ON PLAY

A new treatise on the value of play by noted play scholars!



Words On Play highlights the work of respected play authorities—our friends, mentors, and partners who continue to inspire us and who continue to shape our knowledge of the power of play.

We know play has a multitude of critical benefits and is the right of every child, and that through play they reach their highest level of development.

We hope this treatise, and its scholarly Words on Play will inspire and empower communities to advocate and demonstrate that investing in play results in healthy outcomes and social capital, and to support play every day!

Respected play scholars provide evidence-based benefits of play



Humans are designed by biology to play throughout their entire lifecycle.  
-Dr. Stuart Brown

It is through play that we share our abilities, make contact with our deepest self, and unleash our potential.  
-Dr. Nilda Cosco

Due to its natural and voluntary nature, play is the most effective strategy for increasing physical activity in children.  
-Dr. Louis Bowers